Meet Me At The Park!

Join Us For Free Activities, Food & Fun

Get up... get out... get active!

Are you tired of seeing your kids glued to the sofa playing video games when it's a beautiful day? Well, it's time to get them up and outside for some real-life fun!

Prizes Available

Activities:

- Hula Hoop demo
- Jump Rope demo
- Frisbee
- Basketball
- Jugglers
- Zumba

Join us!

Thursday, Aug. 18 from 6-8:30 p.m. at Wilcox Park
5215 196th St. SW in Lynnwood

For families of ALL abilities and capabilities

verdant HEALTH COMMISSION SERVING SOUTH SNOHOMISH COUNTY

LYNNWOOD WASHINGTON

MOLINA HEALTHCARE

verdanthealth.org (425) 678-6042 /VerdantHC @verdanthealth

STAYWell GETActive EATBetter STRESSLess