



**FEBRUARY LEARNING
ACTIVITIES**

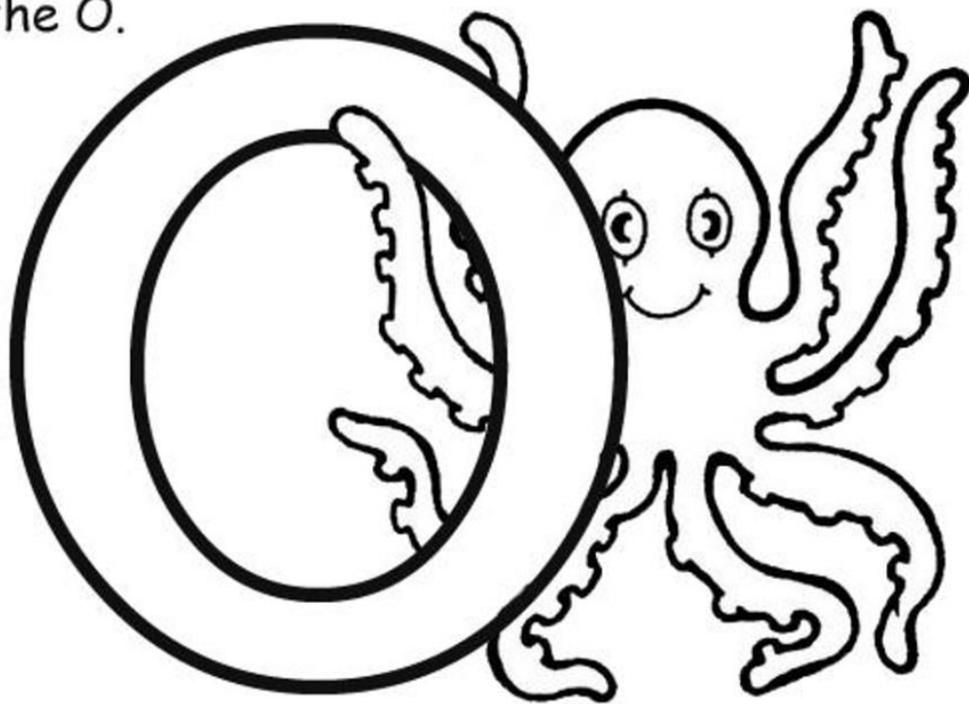
NAME: _____

A B C D E F G H I J K L M N
O P Q R S T U V W X Y Z

Trace the Os.



Color the O.



O is for Octopus

Circle the Os.

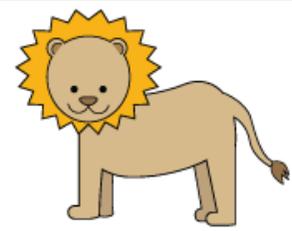
R D O C O T H G O H





Handwriting Practice - L

Name _____



lion



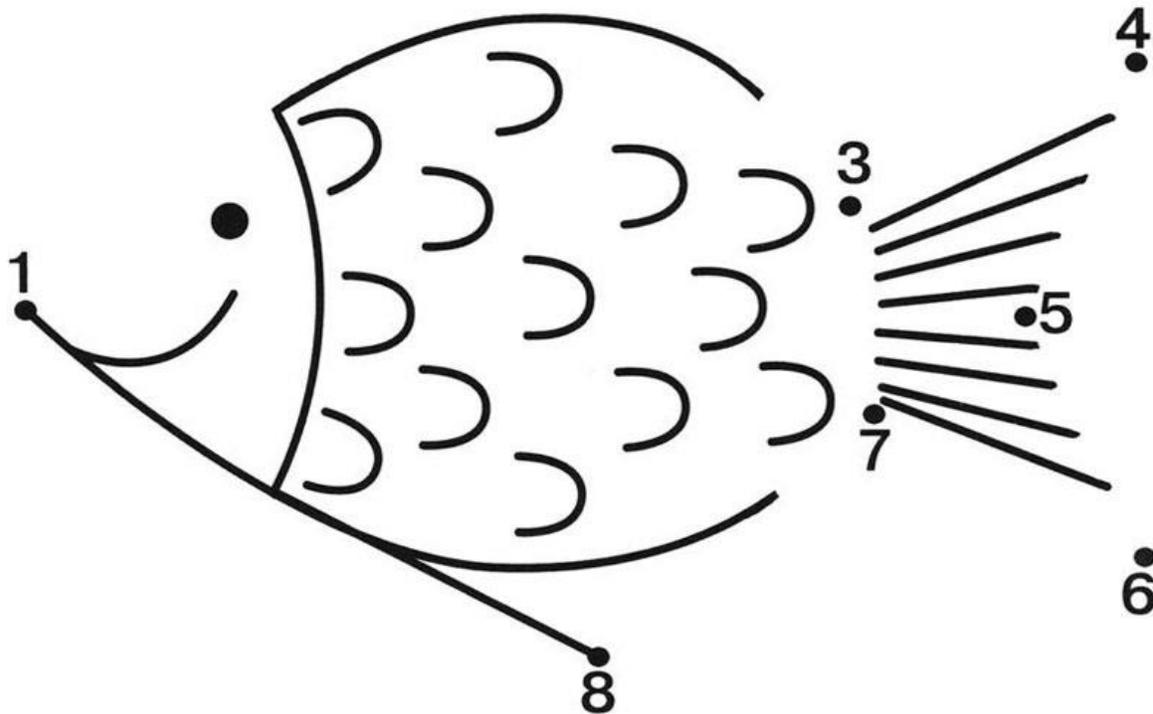
Handwriting practice lines consisting of five rows. Each row has a solid top line, a dashed middle line, and a solid bottom line. The first row contains six dashed uppercase 'L's for tracing. The remaining four rows are blank for independent practice.

Color the picture.
Print the letter F by tracing
the letters below

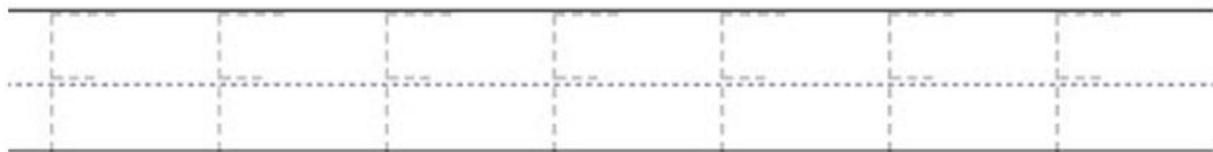


DATE _____
NAME _____

2



Print the letter F by tracing the letters below.



how many hearts?

Count. Circle.



3 5 2



7 4 5



9 1 3



3 9 1



1 8 7



2 7 8



3 7 10



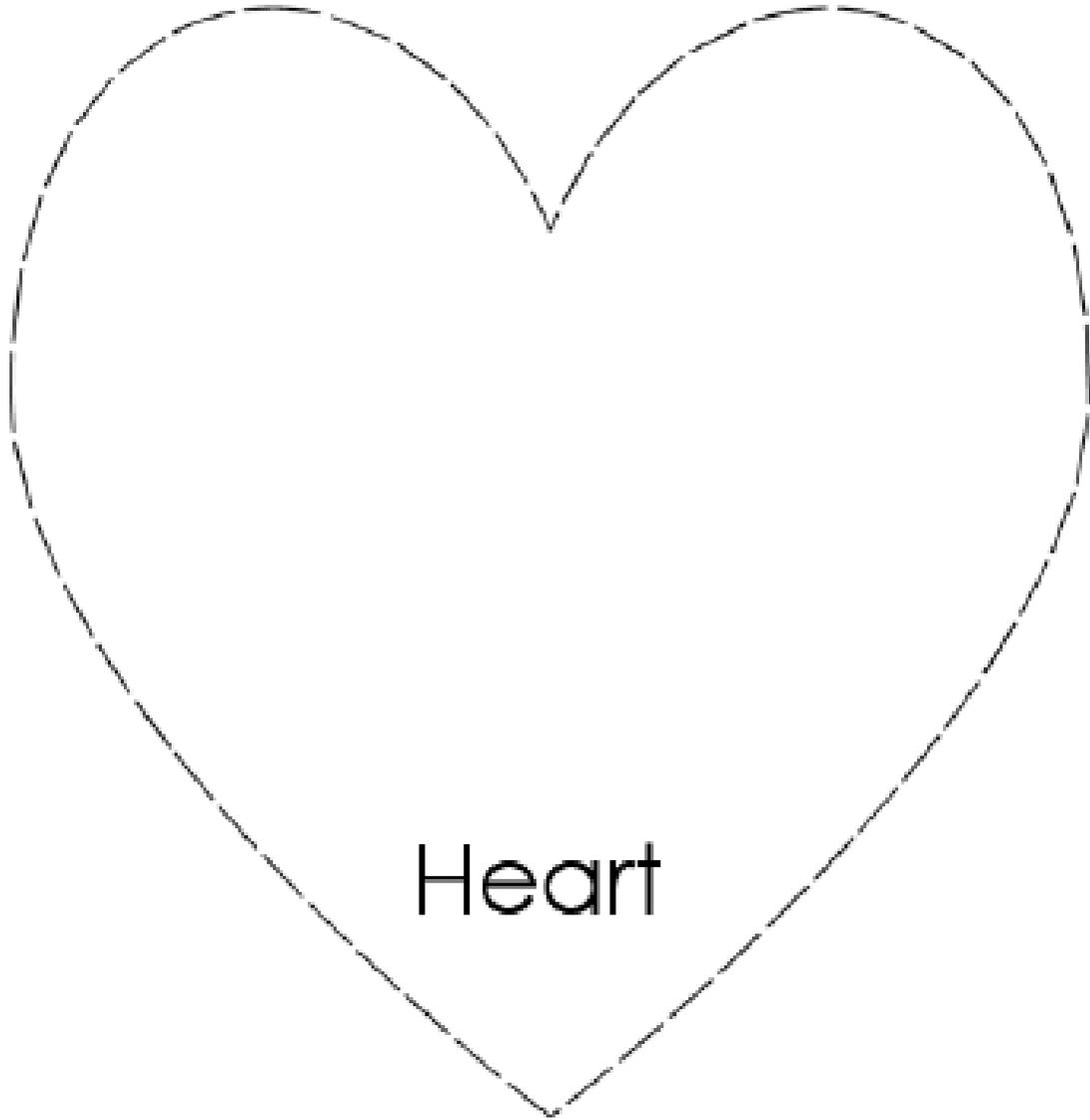
4 5 6



6 10 9

I'm Learning About Shapes

Trace the heart.



Write the name of this shape.

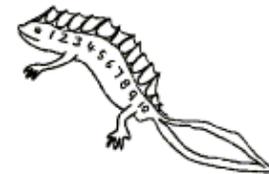
Name _____

Date _____



COUNTING ON IN ONES (UP TO 20) SHEET 3

Help Newton to fill in the missing numbers
by counting on in ones.



1)

13	14		16		18	19	
----	----	--	----	--	----	----	--

2)

12		14			17	18	
----	--	----	--	--	----	----	--

3)

	13	14		16		18	
--	----	----	--	----	--	----	--

4)

	12	13		15		17	
--	----	----	--	----	--	----	--

5)

12			15	16			19
----	--	--	----	----	--	--	----

6)

	11	12			15		
--	----	----	--	--	----	--	--

7)

	14	15		17		19	
--	----	----	--	----	--	----	--



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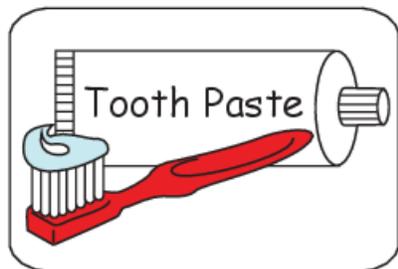
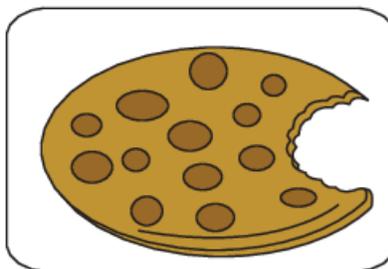
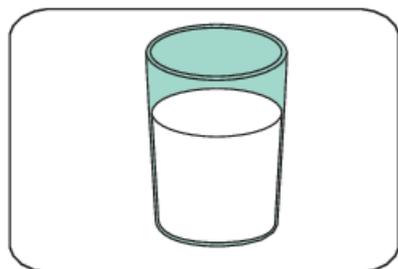
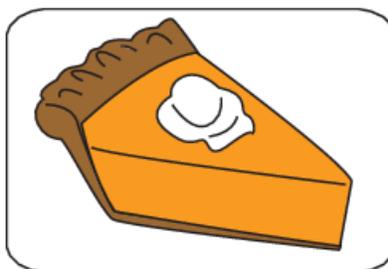
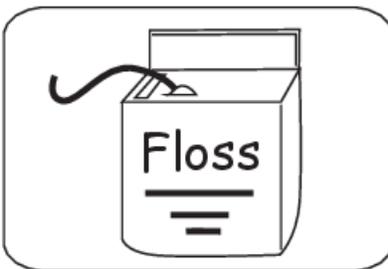
Name _____



Cut out the pictures and sort them into what is Good and what is Bad for your teeth!

Good

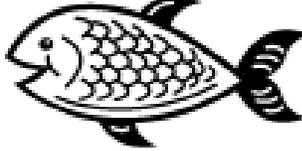
Bad



Name _____

Rhyme Time: Short Vowel Sounds

Trace the name of the first picture. Circle the picture in the same row that rhymes with the first picture. Color all the pictures.

 cat		
 socks		
 shell		
 mug		
 ring		

Healthy Heart BINGO

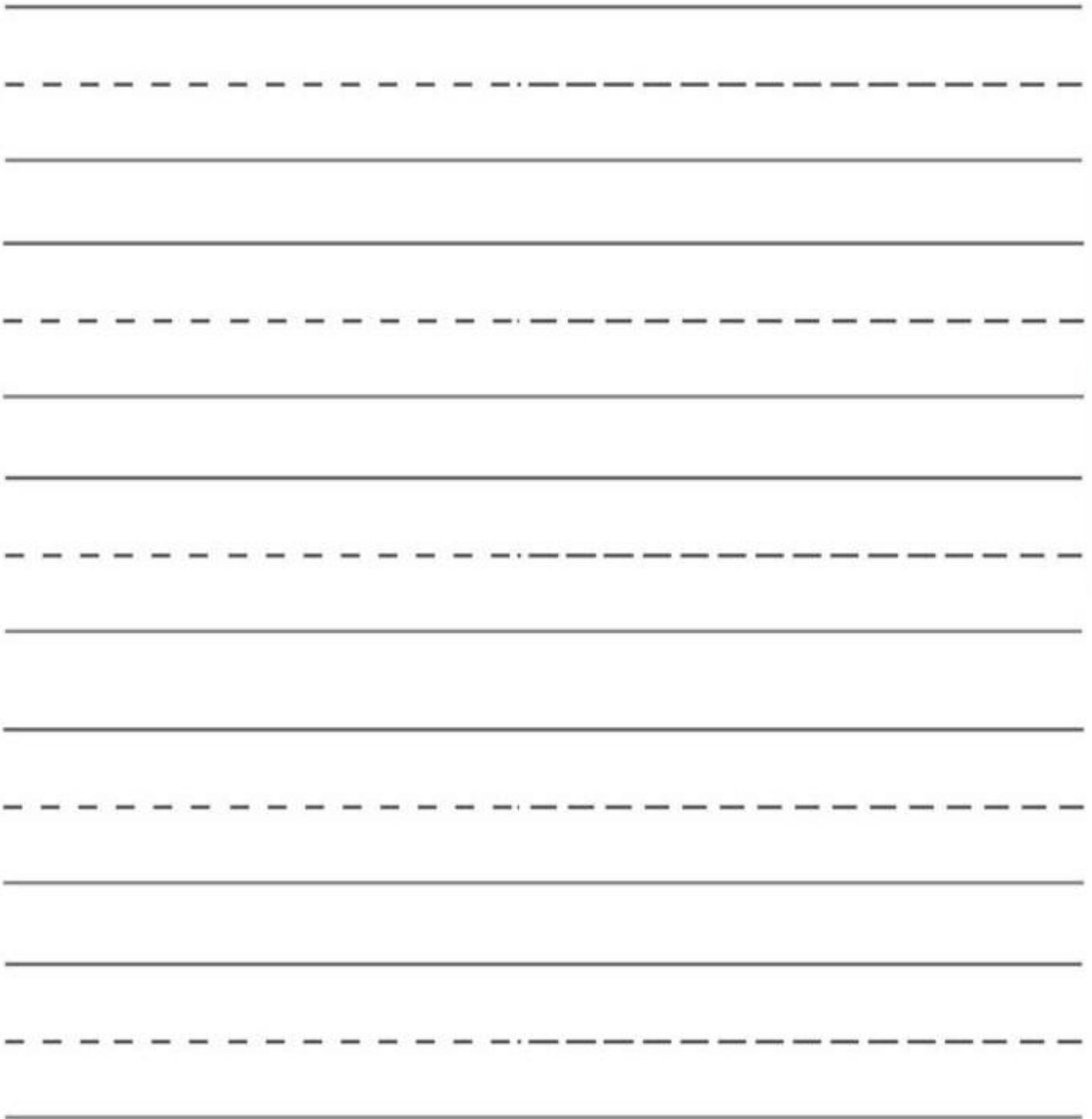
Make a pledge to be HEART SMART this month! Each time you complete an activity, have your parent check off the box.

Your heart is a MUSCLE and needs exercise every day! Limit screen time, get at least 8+ hours of sleep each night and choose water over soda and sugary juices.		TRY WATER INSTEAD OF SODA OR JUICE	BRUSH YOUR TEETH 2X TODAY
Get at least 8 hours of sleep tonight	Trade screen time for outside play time	Turn up the music and DANCE!	Try a new fruit or vegetable today
BRUSH YOUR TEETH 2X TODAY	TRY WATER INSTEAD OF SODA OR JUICE	Get outside & ride your bike	Get at least 8 hours of sleep tonight
Trade screen time for outside play time	Try a new fruit or vegetable today	BRUSH YOUR TEETH 2X TODAY	TRY WATER INSTEAD OF SODA OR JUICE
Go on a walk with your family	Turn up the music and DANCE!	Get at least 8 hours of sleep tonight	Trade screen time for outside play time
Get outside & ride your bike	Go to the park & PLAY	BRUSH YOUR TEETH 2X TODAY	TRY WATER INSTEAD OF SODA OR JUICE
Try a new fruit or vegetable today	TRY WATER INSTEAD OF SODA OR JUICE	Trade screen time for outside play time	BRUSH YOUR TEETH 2X TODAY
Trade screen time for outside play time	Get at least 8 hours of sleep tonight	Choose foods that are high in fiber and healthy fat. Try these foods for a healthy heart: fish, nuts, 100% whole grain, oatmeal, fruits, vegetables and beans.	

Write Your Name

Learning to write your name properly is very important. That is why we put this activity in every Learning Activity Packet.

Write your name correctly **using upper and lower case letters** on the lines below.



The page contains ten sets of handwriting practice lines. Each set consists of three horizontal lines: a solid top line, a dashed middle line, and a solid bottom line. These lines are spaced evenly down the page to provide a guide for letter height and placement.

We practice sign language every day!

Make it a routine to practice every day.
Where's the best place to practice? In the car!
Why? Because you always have your hands
with you!! 😊

Here's what we have learned so far:

- **Alphabet letters:** S, A, T, I, P, N, C, K, E, H, R, M, D, G
New in February: O, L, F
- **Numbers:** 1-14
- **Colors:** red, orange, black, brown, yellow, white, pink
- **Words:** please, thank you, sorry, stand, sit, listen
- **Start learning your name!**