

**CITY OF LYNNWOOD  
HUMAN SERVICES COMMISSION MINUTES  
September 3, 2020 Meeting**

**Call to Order**

The meeting was called to order by Chair Farkas at 6:32 p.m.

**Roll Call**

<b>Commissioners Present:</b>	<b>Staff:</b>
Mary Anne Dillon - Absent	Lynn Sordel, PRCA Director and Staff Liaison
Vanessa Villavicencio	Marielle Harrington
Pam Hurst - Absent	Misty Burke
Michelle Reitan	Council President Christine Frizzell
Chair Sandi Farkas	
Vice Chair Chris Collier	
Kris Hildebrandt	
<b>City Council Liaison:</b>	
Jim Smith	

**Approval of Minutes**

August 6, 2020 meeting minutes approval so moved by Commissioner Collier and seconded by Commissioner Reitan

**Citizen Comments**

None

**Commissioner Comments**

None

**DISCUSSION/ACTION ITEMS:**

**Healthy Communities Action Plan Presentation**

Director Sordel introduced Marielle Harrington and Misty Burke, who are coordinators in the Healthy Communities Action Plan (HCAP). Marielle was the first staff member hired in this division from the Health District and has been instrumental in keeping the division moving forward. The HCAP was reviewed by City Council and adopted by resolution in 2016 and has been our guide and playbook.

Marielle and Misty presented a comprehensive overview of the HCAP:

- 1 1. “Health”, as defined by the World Health Organization (WHO): Health is the state  
2 of complete physical, mental and social well-being and not merely the absence of  
3 disease or infirmity.
- 4 2. Parks Recreation and Cultural Arts (PRCA) mission statement: Creating a  
5 healthy community through people, parks, programs and partnerships.
- 6 3. Strategic Alignment: Infrastructure, Policy, Programs
- 7 4. Action Plan Goals:
  - 8 a. Increase Physical Activity
    - 9 i. 10 Minute Walk
    - 10 ii. Bike 2 Health
    - 11 iii. Meet Me at the Park
    - 12 iv. Lynnwood Walks
  - 13 b. Increase Access to Healthy Food
    - 14 i. Summer Meal Program
    - 15 ii. Grab and Go Program
    - 16 iii. Community Garden and Education
    - 17 iv. Food Bank
    - 18 v. Regional Food Insecurity Collaborative
  - 19 c. Increase Social Connectedness
    - 20 i. Lynnwood Connects Check-in Calls
    - 21 ii. Community Event and Partnerships
    - 22 iii. Outdoor Cinemas

23 At the conclusion of the presentation, commissioners were asked to provide feedback  
24 and ask questions.

25  
26 Chair Farkas inquired about the kind of policies the Healthy Communities team were  
27 working on, and at what level. Marielle shared that the team is looking at policies around  
28 park access, but there is no concrete policy coming from the HCAP. Director Sordel  
29 indicated that the City’s comprehensive plan includes the initiative to improve park  
30 access.

31  
32 Vice Chair Collier suggested that the City partner with the Housing Authority of  
33 Snohomish County on the Lynnwood Connects Check-in Calls program. He also asked  
34 whether the social determinants of health from the presentation were shared with the  
35 Community Development Staff, who are working on the Housing Action Plan. Director  
36 Sordel confirmed that there have been preliminary discussions with Kristen Holdsworth,  
37 Ashley Winchell and Director Kleitsch on the social determinants of health, and there is  
38 opportunity to continue the discussion with Community Development.

39  
40 Council Liaison Smith asked to have a discussion in a future meeting on “food deserts”  
41 and ensuring Lynnwood restaurants and businesses can operate safely. He also  
42 suggested discussing his concerns of the impact on health outcomes with housing.

#### 43 44 **Next Steps and Recommendations – Follow-up to Dr. Fenn’s Report** 45

1 The Commissioners discussed Dr. Fenn’s report which was presented during the  
2 August 6 Human Services Commission meeting and next steps. Following are the areas  
3 the Commissioners would like to focus on:

- 4 1. Pg. 18, 2<sup>nd</sup> item, changed to be convening a meeting during the summer with the  
5 Human Services Commission, City Council, and Mayor Smith and local health  
6 and social service providers to discuss shared legislative agendas for upcoming  
7 legislative session.
- 8 2. Pg. 16, both items.
- 9 3. Pag. 18, 3<sup>rd</sup> item – convene meeting between City of Lynnwood staff and  
10 health/social service providers.
- 11 4. Pg. 19, 2<sup>nd</sup> item – coordinate with other South Snohomish municipalities.
- 12 5. Pg. 20, last item – create marketing strategy regarding health-related initiatives.
- 13 6. Pg. 17, 2<sup>nd</sup> item – establish on-site community resources and advocate to assist  
14 residents with information.

15  
16 It was also noted that the 2<sup>nd</sup> and 3<sup>rd</sup> items on page 20 should be incorporated as part of  
17 the Human Services Commission strategic planning process. Chair Farkas stated that  
18 she would share the list with City staff and requested to pick-up the discussion again at  
19 the October 1, 2020 meeting.

20  
21  
22 Commissioners discussed their thoughts about the August 27<sup>th</sup> Housing Action Plan  
23 presentation provided by the Community Development department. Feedback was  
24 positive, and the commissioners agreed to receiving updates on the Housing Action  
25 Plan. Director Sordel agreed to provide regular updates to the commission.

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27 **OTHER BUSINESS/REPORTS:**

28  
29 None

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31 **COUNCIL LIAISON REPORT:**

32  
33 Council Liaison Smith coordinating efforts with the hospital district as well as nearby  
34 municipalities.

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36 ***NEXT MEETING: October 1, 2020, 6:30 p.m.***

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38 **ADJOURNMENT**

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40 The meeting was adjourned at 8:22 p.m.

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42 ***SUBMITTED BY Sandi Farkas, CHAIR***