

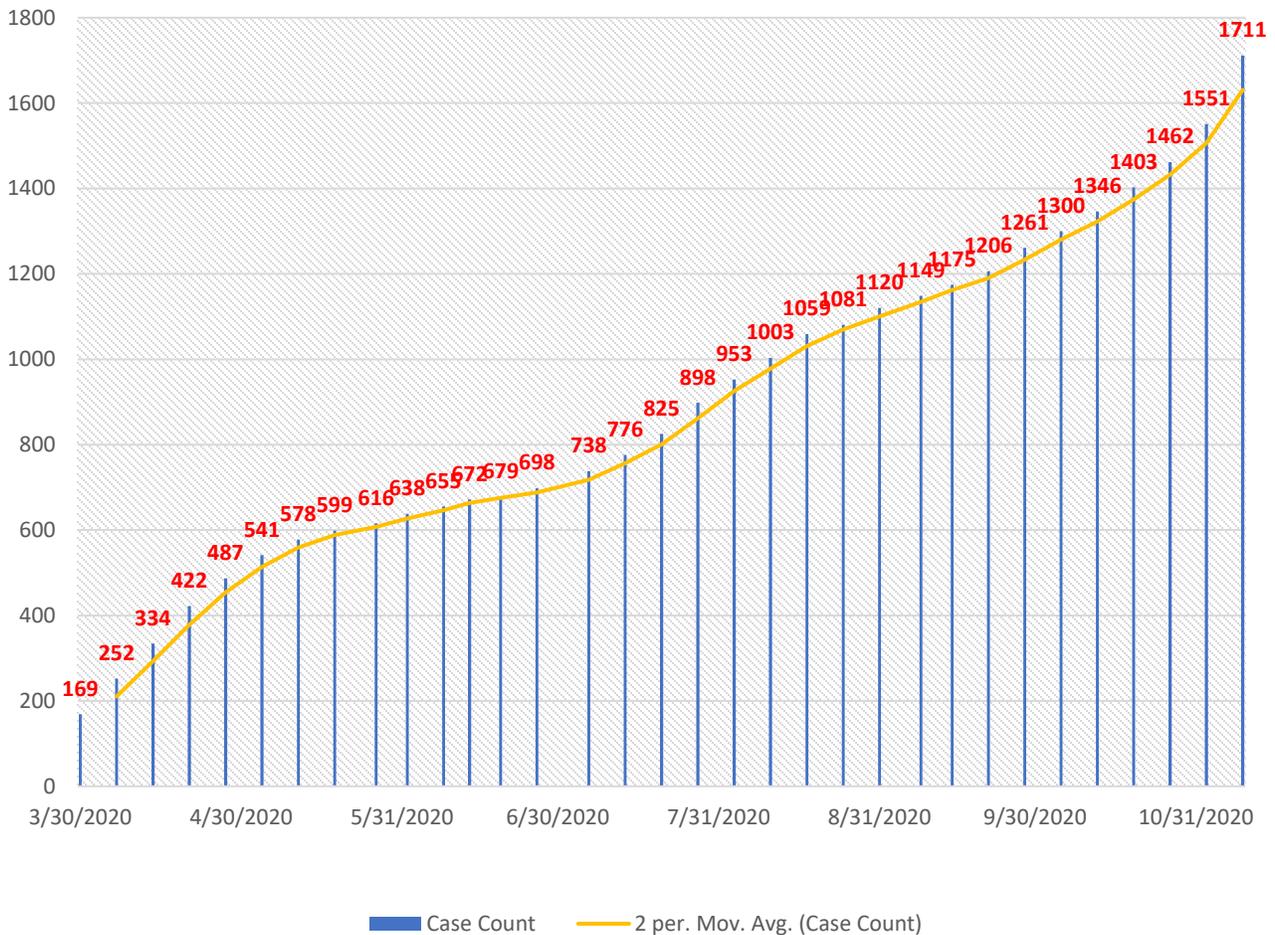
COVID-19 Council Update

November 9, 2020

Current Statistics as of 11/09/2020:

- **Snohomish County** – 11,598 Confirmed/Probable cases (+1,104 cases from 11/2; nearly double the previous increase)
 - 245 Deaths
 - 954 Hospitalizations
- **Washington State** – 118,570 Confirmed cases; (+10,255 from 11/2)
 - 2,460 Deaths statewide
 - 9,031 Hospitalizations
 - 2.1% of Deaths/Confirmed Cases
- **City of Lynnwood** – 1,711 Cases (+160 from 11/02); 1,294 recovered
 - 33 Deaths

Lynnwood Trending



*Statistics and data compiled from the Snohomish Health District website and the Washington State Department of Health website.

Status Update:

- **Snohomish County COVID-19 Cases Hit another Record:**

The community is setting records, but for the wrong reasons. The COVID-19 case rate in Snohomish County is now 187.7 per 100,000 people. That's roughly 7.5 times higher than the target we are supposed to be aiming for to qualify for reduced restrictions under the state's Safe Start plan.

Friday we logged 250 new cases – the highest single-day total so far. There were five days last week when case counts were at least 140 each day.

It's down to choices. Most people are wearing masks in public settings, like the grocery store or while running errands. But what about in more private settings, such as when getting together with friends or while sharing a ride to work? The data suggest that is how the disease is spreading. What happens next is really up to you.

Find more info at www.snohd.org/covid. And check out more detailed information, including hospitalizations, deaths, and other data, in the weekly reports and snapshots.

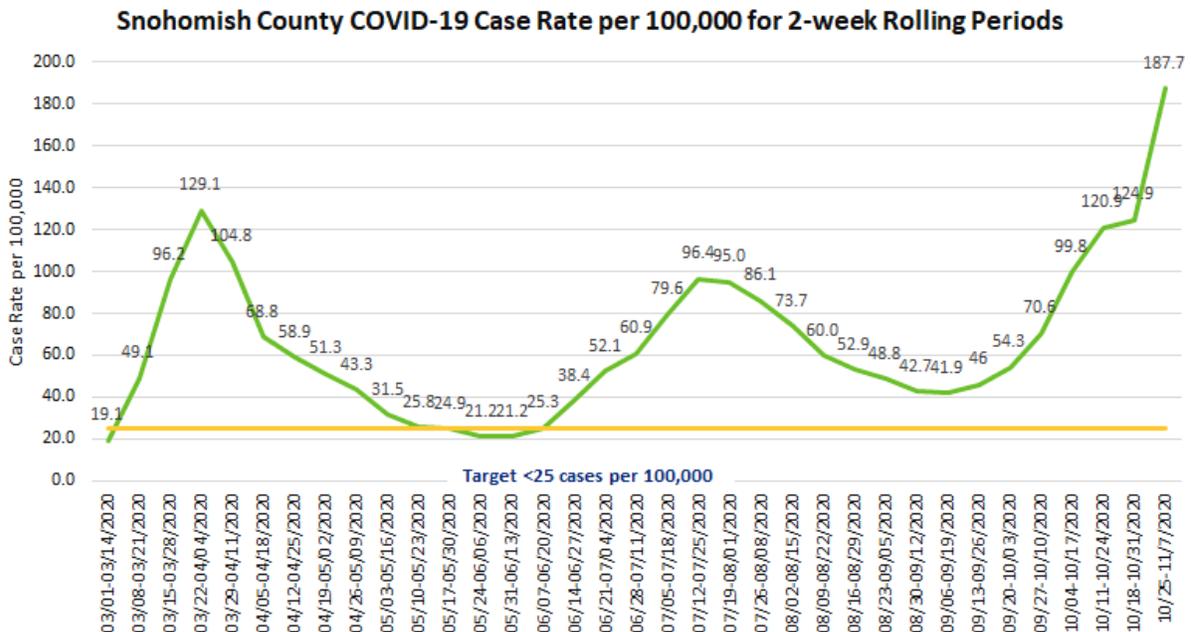
Latest snapshot:

https://www.snohd.org/DocumentCenter/View/5702/Data_Snapshot_2020_Nov-9

Weekly report:

https://www.snohd.org/DocumentCenter/View/5703/Weekly_rpt_0312020

SNOHOMISH COUNTY COVID-19 CASE RATE PER 100,000 FOR 2-WEEK ROLLING PERIOD (UPDATED MONDAYS)

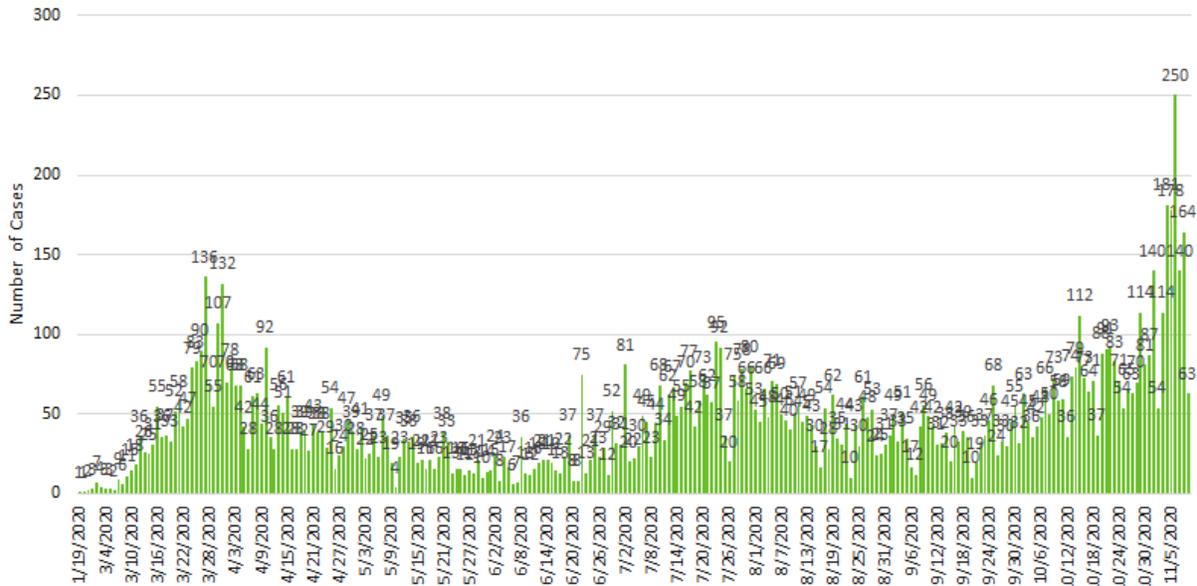


- **County Sees Its Highest-Ever One-Day COVID Count:** The Snohomish Health District has seen three record-setting days of new confirmed cases received in a single day. On Wednesday of last week, the Health District received 182 new cases and Thursday's case count was 178. Through 1 p.m. on Friday, we had 137 reported cases. These high numbers mean that the rolling two-week case rate through November 9 will see the highest increase and case counts since the onset of the pandemic.

Pandemic fatigue has set in for many. It's not always easy to keep up with the good habits like masking, distancing and not gathering in-person to socialize.

Think about how you can modify your plans this fall and winter to keep yourself and others healthy. Even if you are with or one or two trusted friends or family members, mask up if they aren't people you live with. If you choose to meet in person, do so outside, keep your distance and leave your masks on. In public places like businesses, wear your mask consistently and properly – that means it fits over the mouth AND nose.

COVID-19 CASES REPORTED IN SNOHOMISH COUNTY BY DATE (UPDATED WEEKDAYS)



- **State set record for COVID cases twice last week:**

The Washington State Department of Health announced 1,777 new COVID-19 cases Saturday – a new record. In fact, it was the second time within three days that the state set saw a record total of new COVID cases. On Wednesday, the state hit 1,454 in a single day. These numbers reflect an overall surge that started in mid-September. They are troubling as we head into darker, colder months, the holidays and respiratory virus season.

The fall surge, which is showing no signs of stopping, has erased the progress made this summer. Western Washington, specifically Snohomish, King and Pierce counties, are hot zones for disease transmission, and they're following a troubling nationwide trend.

“COVID-19 is currently spreading very quickly in Washington state,” said Secretary of Health John Wiesman. “We are very concerned that disease transmission will only grow over the next few weeks with the holidays coming up. The threat to overwhelming not just our hospital systems, but our ability to do contact tracing, is real. We need everyone in Washington state to take action now to stop the spread.”

As the holidays approach, everyone should take steps to reduce the spread of COVID-19, including:

- **Limit in-person gatherings as much as you can.** That means reducing the number of times you gather, how many people attend and how long you spend together. Gather outside if possible, or open windows and doors to maximize ventilation inside.
- **Always wear a face covering when you're around people who don't live with you.** This includes close friends and family. It may feel awkward to do this around people we know well and trust, but many people get COVID-19 from

someone who doesn't have symptoms yet. Even if you're keeping some physical distance, it's still a good idea to wear a face covering.

- **Talk to your family and friends about alternate ways to celebrate the holidays.** Brainstorm ideas for virtual celebrations so you can still enjoy spending time together without putting each other at risk.
 - **Make a safety plan for in-person gatherings.** Have a conversation with your family and friends about what you're going to do to reduce risk of spreading COVID-19 when you gather.
 - **Stay home if you're sick or have been exposed to COVID-19.** If you're feeling a little under the weather but aren't sure if you're getting sick, take the cautious approach and protect others by staying home.
 - **Keep up your good hygiene habits.** Wash or sanitize your hands often and avoid touching your face.
- **How to safely wait for COVID-19 test results:**
What should you do after you've been tested for COVID-19? The first step is to stay home and away from others until you get your results. Check out this short video for reminders about what you should do next. <https://www.snohd.org/537/COVID-19-Health-Information>.

Video: [Facebook](#)

- **REMINDERS**

- Staying home is still the safest. If you do go out, keep it quick, keep your distance and wear a face covering. Recreate and do business locally to avoid spreading the virus across county lines. Limit the number of people outside of your household that you gather with every week. If you feel symptoms of COVID-19, get tested.
 - **Symptoms:** Fever, Chills, Cough, Difficulty breathing, Fatigue, Muscle pain or body aches, Headache, Sore throat, Runny nose or nasal congestion, or New loss of taste or smell.
 - **Asymptomatic individuals:** If you are a close contact of a confirmed case, or Live in a congregate setting, like a shelter, group home or assisted living facility, or Work in a location that has had a case, Part of a family or social network that has had a case, or Work in healthcare, EMS, law enforcement or other fields where work settings have a higher risk of catching or spreading COVID-19, or Are part of a racial or ethnic group that has been disproportionately impacted by this virus in terms of rate or severity of cases (this includes people who are Black, Latinx, Native American/Alaskan Native, or Pacific Islander).
- **Drive-thru Testing (CHANGES):** The Snohomish Health District has been working to improve the speed for lab results and notification of results. This week, there will be a transition between labs and registration portals. These moves will decrease the turnaround time from an average of 3-4 business days to 2-3 calendar days.

Registration is now open for appointments Monday through Wednesday. On Thursday, the Health District is scheduled to move to UW Labs for the processing of tests. Those tested Thursday moving forward will be able to access their results directly from a lab portal, with instructions provided at the time of testing. The new registration portal for appointments Thursday and beyond will be available no later than Wednesday, November 11. All information will still be accessed at www.snohd.org/testing.

Once the transition to the new system is complete, the Health District will also be able to look at adding more locations and/or days for testing in the near future.

Everett Testing:

- Drive-thru testing will continue at the 3900 Broadway site in Everett this week, from 9 a.m. to 4 p.m. Monday thru Friday. With daylight hours decreasing, and testing volumes seen earlier in the day, the Health District no longer offers evening testing appointments.

Lynnwood Testing:

- In addition to the Everett site, the Health District will also be offering testing at the [Lynnwood Food Bank](#) on Tuesday, November 10. Appointments will be available from 9 a.m. to 4 p.m. at 5320 176th St SW.

- **Health District Opens Call Center:**

With the increasing number of cases, the call volumes from individuals and businesses have also increased. The Health District opened a new call center to help answer questions related to testing, route calls for those businesses reporting a positive test result in their workforce, or to help those without internet access or needing language interpreter services. That number is 425.339.5278, and the call center will be staffed 8:30 a.m. to 4:30 p.m. Monday thru Friday. Callers after hours or on weekends can leave a message, which will be returned on the next business day.

- **Free Flu Shots Available for Uninsured Adults:** The state [Department of Health](#) is collaborating with Safeway Inc. and Albertsons Companies LLC to offer no-cost influenza (flu) vaccination for uninsured adults over the age of 18 to help prevent flu illness during the COVID-19 pandemic. Health officials are concerned that the presence of both viruses could put more people in the hospital and strain Washington's health care system.

Twenty-three Albertsons and Safeway pharmacies across the state will offer flu vaccine free of charge through June 2021 to uninsured adults. The pharmacies will not charge an administration fee, and no proof of residency or immigration status will be required.

Adults who have insurance should also get vaccinated now. Flu vaccine for those age 19 and older is covered by most insurance companies and by Medicare and Apple Health (Medicaid). Washington also provides flu vaccine, and all recommended vaccines, at no cost to everyone under the age of 19.

What to know about cold, flu and COVID season

November 5, 2020



Fall and winter are a time when respiratory illnesses tend to be extra good at getting around. And this year, when we talk about respiratory illnesses, we have to focus on more than the flu or the common cold. Now it's COVID season, too.

Our latest blog talks about:

- How to be prepared
- Recognizing symptoms and protecting others
- When to stay home
- How long to stay home
- When to see the doctor
- When to seek urgent care or call 911

Read more at www.snohd.org/covid or www.snohd.org/publichealthessentials



SNOHOMISH HEALTH DISTRICT
WWW.SNOHD.ORG

- **New COVID-19 Cases among US Children surge; Highest 1-Week Reported:** The surge in COVID-19 cases across the country is impacting children in unprecedented levels, according to data compiled by the American Academy of Pediatrics and Children’s Hospital Association, which are tracking data reported by state health departments.

As of Oct. 29, more than 853,000 children have tested positive for COVID-19 since the onset of the pandemic, including nearly 200,000 new cases in children during the month of October. In the one-week period ending Oct. 29, there were 61,000 new cases in children, which is larger than any previous week in the pandemic.

“This is a stark reminder of the impact this pandemic is having on everyone – including our children and adolescents,” said AAP President Sally Goza, MD, FAAP. “This virus is highly contagious, and as we see spikes in many communities, children are more likely to be infected, too. We can help protect everyone in our communities by keeping our physical distance, wearing masks, and following other recommendations from our doctors and public health experts.”

- **Washington COVID-19 Immigrant Relief Fund:** If you’re an immigrant experiencing hard times because of COVID-19, and you aren’t eligible for federal financial relief or unemployment insurance, this fund is for you. Apply for the Washington COVID-19 Immigrant Relief Fund and receive a \$1,000 one-time direct payment (up to \$3,000 per household). If you need help, call 1-844-724-3737 (Mon-Fri, 9AM-9PM)

More information, in English and Spanish, and grant applications, can be found at: <https://www.immigrantreliefwa.org/>

- **Understanding Close Contact and COVID:** What should you do if you are exposed to COVID-19 through a close contact? The Joint Information Center has prepared a brief video with guidance on how best to keep yourself and others safe. More information also is available at <http://bit.ly/CloseContacts>
- **Childcare Help is Available:** Supporting your family’s need to balance employment and childcare is vital during this challenging time. **Snohomish County** and its partner nonprofits, the **YMCA – Snohomish County** and **Boys & Girls Clubs of Snohomish County**, are here to help.

The County is offsetting a portion of the childcare costs at its partner nonprofits through the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

YMCA -- Snohomish County: 425-374-5779
Boys & Girls Clubs of Snohomish County: 425-315-7082

More information is available in Chinese, Korean, Spanish, Russian, and English here: bit.ly/2Srkwvf.

- **Extended Telecommuting:** The EOC Command Staff along with Mayor Smith have made the decision to extend employee telecommuting through the end of the first quarter of 2021.
- **Staffing:** Staffing numbers, and levels of illness, have remained consistent throughout the pandemic.

- **CARES Act Funding:** The City of Lynnwood is eligible to receive \$1,782,000 in federal CARES Act Funding.
 - Recap of \$1,782,000 CARES Act Funding allocations:
 - Technology Costs \$220,000
 - Payroll Costs (estimates) \$60,000
 - COVID-related expenses \$208,000
 - Business Relief Fund \$500,000
 - Community Relief Fund \$200,000
 - Round 2 of Business Relief Fund \$300,000
 - Additional Community Relief Funding \$50,000
 - Additional city expenses related to COVID-19 \$194,000
 - Grant to the Lynnwood Food Bank \$50,000
- **Small Business Relief Grant Program Update:**
 - First round of grants went to a total of 50 local small businesses for a total investment of \$500,000.
 - Second round of grants will go to a total of 30 local small businesses for an additional investment of \$300,000.
 - Lynnwood’s total investment into local small businesses is **\$800,000** through our Federal CARES Act Funding.
- **Rental / Mortgage Assistance Program Update:**
 - Through October 31, C3 has distributed all funds and provided rental assistance grants to 268 households.
 - Grants have been in varying amounts from \$500-\$1,500 and are paid directly to the landlord.
 - Applications were accepted online, in person at the C3 office, onsite at the Lynnwood Food Bank, and at several large apartment complexes throughout the city.

Number of Approved	amount		total
74	\$ 500.00		\$ 37,000.00
63	\$ 750.00		\$ 47,250.00
69	\$ 1,000.00		\$ 69,000.00
12	\$ 1,250.00		\$ 15,000.00
44	\$ 1,500.00		\$ 66,000.00
6	\$ 1,750.00		\$ 10,500.00
268	Awarded		\$ 244,750.00
	Admin Cost		\$ 5,250.00
Complete totals			\$ 250,000.00

- Message from C3 Administration: “While we recognize the difficulty in satisfying all the families’ needs, we did get them further down the road. Because of our involvement with the Department of Commerce and the Eviction Rental Assistance Program (ERAP), we have been able to get many renters fully current on rent because this program covered multiple months of both back and current rent. While the City of Lynnwood funding has been exhausted, we are still assisting many residents with rent through this program. One of our biggest challenges at present is re-contacting those residents that were early recipients of the funds to enable them to get current on their rent.
 - Demographics of residents served:
 - 32% Latinx
 - 26% White
 - 18% Black
 - 17% Asian

- 2% Indigenous/Native
 - 2% Pacific Islanders
 - 4%Uncategorized
- **Grant to the Lynnwood Food Bank:** A grant agreement for \$50,000 to support operations at the Lynnwood Food Bank due to the COVID-19 pandemic, has been signed by both parties. The funds should be sent to the Food Bank within the next two weeks to support their efforts to support members of our community experiencing financial hardships due to COVID-19.