



Foundation for  
**Edmonds  
School District**



## HIGH NEED FOOD ITEMS FOR WEEKEND MEALS

SMALL SIZED, EASY TO OPEN AND PREPARE SHELF-STABLE ITEMS, INCLUDING:

- SHELF-STABLE WHITE & CHOCOLATE MILK
- CANNED CHICKEN & TUNA
- CANNED SOUPS
- MAC & CHEESE
- RAMEN NOODLES
- FRUIT CUPS & APPLESAUCE
- SNACKS (GRANOLA & PROTEIN BARS, FRUIT GUMMIES, ETC.)
- JUICE BOXES
- SINGLE SERVE CEREAL BOXES
- INDIVIDUAL OATMEAL PACKETS

