Kids Klub Preschool

LEARNING THROUGH PLAY!

2021

LYNNWOOD PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

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WELCOME TO
KIDS KLUB PRESCHOOL

PROGRAM DESCRIPTION

The Kids Klub preschool is a play oriented program. We in the Parks, Recreation and Cultural Arts Department value PLAY. We believe that play is essential to learning and human development. Learning in a play environment helps children grow and develop socially, emotionally, physically and intellectually.

Socially…play develops the basic skills for social interaction. Children learn how to cooperate, share, and be sensitive to the feelings of others during play.

Emotionally…play is a means of emotional expression. Children live in a world where they have little power over their daily lives. Play can reduce the feelings of anger, inadequacy, and provide experiences which enhance children's feelings of enjoyment, control and success.

Physically… play is important to children because when children run, jump, skip, yell and laugh, it contributes to their good health and the development of fine and large gross motor skills.

Intellectually…play is a learning situation for children. Through play, children are able to discover and explore, use their imagination, solve problems, and test out new ideas.

This "fun"-damental philosophy should provide you with a better understanding of how we approach and implement the preschool curriculum. We hope that your child loves to play and if so they'll be sure to love preschool!

PRESCHOOL TEAM

The teachers for the preschool program are experienced and knowledgeable individuals who love working with young children. Each brings to the program unique talents, skills and abilities and of course their training in early childhood education. The Preschool Team truly appreciates the opportunity to work with your child this upcoming year.

Jamie Psaradelis has been one of our Preschool Teachers for 12 years. She has her Associates Degree in Child Development from Cardean Universtiy and has worked in Early Childhood for over 20 years. Teaching children is a gift and passion of Jamie's. She loves working with children, has a fun loving attitude, and is creative in nature. In her spare time she enjoys crafts, drawing, and spending time with her family and two dogs! One day she hopes to write and illustrate a children's book.

Darci Bussman has been with our Preschool program for the last 7 years. She earned an Early Childhood degree from Shoreline Community College and has been teaching for many years. She took some time off to stay home and raise her two boys and step daughter but has returned to the Preschool field. She enjoys reading, hiking, snowmobiling, scrapbooking, cross stitching and spending time with her family. She volunteers during the summers by running a Cub Scout day camp and other scout related activities with her boys. She finds working with young children very rewarding and is looking forward to a great year!

Kacee Fargo is the Recreation Coordinator overseeing the Youth and Teen programs for the City of Lynnwood. She has her Associates Degree in Early Childhood from Shoreline Community College. Kacee has 12 years of experience at the City of Lynnwood in their Parks and Recreation Department where she has worked in after school programs, taught preschool, directed summer camp and has worked numerous other events we offer. In her free time she loves doing crafts, watching sports, traveling, adventuring outdoors and spending time with family, friends and her dog, Cooper. Kacee finds working with our youth inspiring and a great reminder to enjoy life every day!

CURRICULUM OVERVIEW

The Kids Klub Preschool curriculum is comprised of 10 content areas and their individual objectives. The curriculum content was based on curriculum standards provided by the National Association for Education of Young Children. Each content area is outlined below and will be implemented in a way that values learning through play.

1. Social-Emotional Development
2. Physical Development
3. Language Development
4. Early Literacy
5. Early Mathematics
6. Early Science
7. Early Technology
8. Cultural Arts
9. Health & Safety
10. Social Studies

Social Emotional Development

1. Children will have the opportunity to engage with teachers who are attentive and responsive to them.
2. Children will learn to recognize and name their own feelings and the feelings of others.
3. Children have the opportunity to learn the skills needed to regulate their emotions, behaviors, and attention.
4. Children will develop a love for learning.
5. Children will learn to develop friendships and play cooperatively together.
6. Children will learn to resolve conflict in a respectful and constructive way.
7. Children will learn to understand and empathize with others.
8. Children will be introduced to and practice character education concepts.

Physical Development

1. Children are provided varied opportunities and material that support fine-motor development.
2. Children have varied opportunities and equipment to engage in large motor development.

Language Development

1. Children will have varied opportunities to develop competence in verbal and nonverbal communication.
2. Children will have varied opportunities to develop vocabulary through conversation, experiences, field trips and books.
3. Children will have varied opportunities and materials that encourage them to engage in discussions with one another.

Early Literacy

1. Children will have the opportunity to become familiar with print.
2. Children will have the opportunity to be read to regularly and view books.
3. Children will have multiple and varied opportunities to write.
4. Children are regularly provided multiple and varied opportunities to develop phonological awareness.
5. Children are given opportunities to recognize and write letters.
6. Children have access to books and writing materials throughout the classroom.

Early Mathematics

1. Children will have the opportunity to build an understanding of numbers and their relationship to objects.
2. Children will have the opportunity to recognize and identify number symbols 1-20.
3. Children will have the opportunity to recognize and identify shape names and composition.
4. Children will have the opportunity to categorize by one or two attributes such as size, shape, color.
5. Children will be introduced to math terms and their use in everyday conversations.
6. Children will have the opportunity to recognize and name repeated patterns.
7. Children will have the opportunity to learn and understand the concept of measurement.
8. Children will have the opportunity to learn and understand time in the context of routines and daily life.

Early Science

1. Children will have the opportunity to learn about natural and life sciences through thematic units.
2. Children will have the opportunity to observe, explore and experiment though use of the five senses.
3. Children will have the opportunity to use simple tools to explore.
4. Children will have the opportunity to collect data and document findings.
5. Children will be encouraged to question and predict.
6. Children will be introduced to science terms in everyday conversation.

Early Technology

1. Teachers will use media to enrich learning and support teaching.
2. Children will have the opportunity to access technology that can be used with others or by themselves.

Cultural Arts

1. Children will have the opportunity to gain appreciation of art, music, drama and dance in ways that reflect cultural diversity.
2. Children will have the opportunity to learn new vocabulary related to art, music, drama and dance.
3. Children will have opportunities to develop skills associated with artistic expression.
4. Children are provided varied open-end opportunities to express themselves artistically.
5. Children will have the opportunity to respond to the art of other children and adults.

Health & Safety

1. Children are provided varied opportunities to learn about and practice good health habits.
2. Children have varied opportunities to learn about food and nutrition.
3. Children will increase their awareness of safety rules in the classroom and community.
4. Children will have opportunities to practice safety procedures.
5. Children will have the opportunity to discuss the role of health and safety professionals and their community agencies.

Social Studies

1. Children are provided a learning environment that fosters a positive sense of self.
2. Children are offered opportunities to become a part of the classroom community.
3. Children are provided with opportunities and materials to build their understanding of diversity.
4. Children are provided opportunities and materials to explore social roles in the family and workplace through play.
5. Children are provided varied opportunities and materials to learn about the community and country in which they live.
6. Children are provided varied opportunities and materials to learn how people affect their environment.

ADMISSION REQUIREMENTS

Children enrolling in the Kids Klub program must meet the following requirements:

Potty Training
Children must have *independent* toileting skills prior to the start of the program. Independent toilet skills involve many steps from the child such as undressing, going, wiping, dressing, flushing, and hand washing. Staff do not assist in this process. **Fully potty-trained children do not wear pull-ups**.

Separation from Parents
Children should be able to separate from their parents naturally without being overly anxious (i.e. crying or screaming hysterically.) We are committed to making the separation from your child as easy and comfortable as possible. An adjustment time will be implemented for the first two weeks. This time is set aside to observe and help your child adjust to the program by engaging the child in activities of their interest. We encourage parents to help their child get set-up with an activity and then say good-bye. Children who exhibit ongoing parent separation anxiety may not be ready for preschool. They may need additional time to develop.

Enrollment Length
Once registered for the Kids Klub Preschool programs you are enrolled for the duration of the whole school year, September-May. Children are not allowed to switch classes throughout the year.

Age
Kids Klub Preschool
Monday thru Thursday: 9am-11:30am
Ages 3-5 (Children must be three years old by August 31st)

REGISTRATION & TUITION

Upon enrollment, your child will be registered for the entire school year, September through May/June and set up with a monthly payment plan. Your credit card will be held on file and charged on the 1st of each month. Payments are a flat rate and will remain the same each month throughout the school year regardless of breaks or holidays.

Preschool (R)$240 (NR) $275

If you choose to remove your child from the program, we will simply unenroll your child and stop your payment plan at the point of departure.

EARLY BIRD REGISTRATION

Children who are planning to attend the Kids Klub Preschool program should plan ahead. We strongly encourage returning and first time families to take part in "Early Bird Registration". This process allows parents the opportunity to reserve a spot in one of our Fall classes by paying a non-refundable deposit of $45. There is a high demand for our preschool programs so be sure to take advantage of this opportunity. Early Bird Registration, which begins in March, is open to current and prospective preschool parents. The next registration window will not happen again until August.

DAILY ROUTINE

The daily routine and activities for each class varies slightly. Our daily routines provide an element of security and consistency for young learners. However, we reserve the right to deviate from the routine to capitalize on teachable moments.

PreK Class

9:00 am	Outside Learning Centers
9:45 am	Bathroom/Clean-up
9:55 am	Story Time
10:05 am	Snack
10:20 am	Circle Time
10:50 am	Enrichment/Outside Play
11:20 am	Closing Circle
11:30 am	Parent Pick-up

LATE FEE

Children staying late will be supervised, however, a late fee will be charged for those who are chronically late, (which is defined by being late more than twice in one school year). If you know you are going to be more than 15 minutes late, please call the teachers at (425) 754-9293. The late fee is strictly enforced. Late fees accrue at $1.00 for the first five minutes and $1.00 for every minute following until the designated adult signs the child out. Late fee payments are due at the time of sign-out or before sign-in the following day.

CALENDAR AND NEWSLETTER

Parents will receive a program calendar at the beginning of each month via email. Sending materials electronically helps us save on copy costs and helps us be good stewards of our environment. Limited hard copies of the printed material will be available for those without internet access. These will be available to pick up during drop-off and are generally kept on the sign-in/sign-out table. Calendars and Newsletters include specific information on the following items....

1. Curriculum Highlights
2. Planned Activities & Special Events
3. Field Trips
4. Show-N-Tell
5. Parent Tips
6. Health Tips
7. Volunteer Opportunities
8. Preschool Related Programs
9. Important Reminders

GENERAL RELEASE FORM & PHOTO

Each child needs to have a current general release form completed by their parent. This form can be found online and provides specific contact information for you and your family. It helps us better communicate with families on a day-to-day basis, as well as in emergency situations. Should your contact information change, please be sure to update customer service along with a Kids Klub teacher. In addition, a recent photo (or color copy of a photo) of your child needs to be attached to this paperwork. This photo will not be returned so don't send us your favorite.

MEDICAL AUTHORIZATION

Please inform a teacher if your child will require any over the counter or prescription medications during preschool hours. A Medication Authorization Form signed by the child's physician must accompany all over the counter medications and prescription medicines. In addition, all over the counter/ prescription medications must be kept in it's original container and be stored in the youth office. Preschool teachers are limited to the type of assistance they are able to provide when giving medication.

ALLERGIES

Please notify a preschool teacher if your child has a severe or life threatening allergic reaction to any foods, bee stings, asthma, etc. We want to be sure to make note of this when distributing snacks or playing outside.

EMERGENCY KIT

In order to ensure the safety and comfort of each child during a natural disaster, an emergency kit is provided. Parents are required to ill out an emergency card for their child. These kits will be kept onsite for the entire academic year, but set aside for emergency use only. After the academic school year ends these kits will remain the property of the preschool program.

INCLEMENT WEATHER

To ensure the safety of our students and teachers in the preschool program we follow the Edmonds School Districts school closure and delay plan. If the Edmonds School District delays school for two hours that means that morning and afternoon preschool classes will be cancelled for the day. Contact (425) 670-5732 by 7:00 am for updated information. If class is cancelled due to inclement weather, there will NOT be a make up day scheduled.

ILLNESSES & HEALTH PROCEDURES

Please keep children home if they are ill or contagious. 72 hours without a fever, consistent or deep cough or vomiting before returning to preschool is a good guide. Green or yellow mucus may also be a sign of infection and an indicator that your child should remain at home. Please refer to COVID symptom list and exclIf your child comes down with chicken pox, contracts lice, or gets pink eye please inform the Recreation Coordinator at (425) 670-5524. We are required by the Snohomish Health District to notify other parents in the program of these highly contractible instances but specific information pertaining to a child is kept confidential. In the case of head lice check your child daily for nits. A child needs to be nit free prior to returning to the program. Teachers are required to check for nits prior to re-admitting a child to the program. For more information on head lice please visit the Snohomish Health Districts website at www.snohd.org. As for chicken pox and pink eye, please visit your health care provider and follow their medical recommendations.

BATHROOM BREAKS

Children are given frequent opportunities to take bathroom breaks. Our expectation is that all students must be fully potty trained in order to participate in the program. The restrooms that students use are located outside the preschool classroom. So, teachers always accompany students to the restroom for supervision, but staff cannot assist them. Occasionally, potty accidents do happen and children wet or soil their clothes. If this occurs you may be contacted and asked to pick up your child and the incident will be documented. If the incident is repeated up to three times, parents are asked to withdraw their child. They may re-register at a later date after more potty training is practiced and better skills are developed. Fully potty-trained children do not wear pull-ups.

SIGN-IN & OUT PROCEDURES

Parents must sign children in and out of class each day. If someone other than the parent is going to be picking up the child, please make sure to inform a teacher in writing and include their name and contact information on the back of your child's General Release Form. Any adult picking up a child will be required to show photo identification until we are familiar with family members and their pick-up routines. Please refer to drop off and pick up procedures.

CLOTHING

Children should be dressed in clothes that can become wet, dirty, or messy as our "hands on" experiences may get on their clothes. Your child also needs to come in shoes that are appropriate for play and running. Children play outside daily, so dress your child appropriately for the weather. Please label coats and sweaters with your child's name. Place all extra clothing in their individual Ziplock bag that will remain in their cubby. If an article of clothing goes missing please ask to check the lost and found box. Any unclaimed clothing items are donated to Goodwill at the end of each month.

DROP OFF AND PICK UP:

Your drop off location each morning and pick up location each afternoon will be at the back of the Lynnwood Recreation Center. Please enter the parking lot from behind the Fire Station off 188th and this will take you straight to the drop off location. Parents, please make sure to remain in the car throughout the whole process. Teachers will sign in/out students at this location for the remainder of the school year.

BOOK ORDERS

Once a month parents have the opportunity to place book orders. We provide companies that sell books written in English and Spanish. When placing a book order all checks must be made payable to the book company (i.e. Scholastic) not the City of Lynnwood. Teachers will provide order forms at the beginning of the month. All book orders and payments must be completed online by the designated due date. It takes approximately 2-4 weeks to receive orders from the book companies.

RULES & DISCIPLINE

Each preschool class follows the same three simple rules: Safety, Teamwork, & Fun. Teachers will explain and review classroom rules regularly. All children are expected to follow these rules. When a child does not follow the rules or is harmful to others discipline is required. There are several steps that teachers take with a child in a behavior modification and discipline process.

Behavior Modification
- Re-direct child
- Discuss desired behavior privately

Discipline Steps
- Verbal Warning
- Time Out
- Written Warning & Phone Call Home
- Parent Conference
- Withdrawal from the program

VERBAL AFFIRMATION & INCENTIVES

Our teachers provide children with lots of positive verbal reinforcement and incentives. These verbal cues and incentives are ways to reward children and encourage desirable behavior. Teachers try hard to be very specific when they recognize a student for good behavior or outstanding work. Some sample incentives that are used in the classroom are Stickers, Stamps and the Prize Box. Incentives are regularly changed each quarter in order to keep the interest of the children.

TRADITIONAL SCHOOL YEAR CALENDAR 2021

The preschool calendar is tentative and subject to change.
Updates are provided in your monthly newsletter.

Winter Quarter

- Monday, 1/1 — Happy New Year!
- Monday, 1/18 — MLK Jr. Holiday-NO SCHOOL
- Tuesday, 1/19 — First Day of School
- Thursday, 1/28 — Pajama Day (during class hours)
- Wednesday, 2/3 — Planning Day- NO SCHOOL
- Monday, 2/15 — President's Day Holiday-NO SCHOOL
- Tuesday, 2/16 — Planning Day-NO SCHOOL
- Monday, 3/1 — Priority Registration for current families begins
- Monday, 3/8 — Early Bird Registration 2021-2022 begins
- Sunday 3/14 — Day Light Saving Spring your clocks forward
- Wednesday, 3/17 — Planning Day- NO SCHOOL

Spring Quarter

- Monday – Thursday, 4/5-4/9 — Spring Break-NO SCHOOL
- Monday-Thursday, 5/3-5/7 — Teacher Appreciation Week
- Wednesday, 5/19 — Planning Day- NO SCHOOL
- Monday, 5/31 — Memorial Day Holiday-NO SCHOOL
- Thursday, 6/3 — **Last day of Preschool**