

BIKE·2·HEALTH

CONNECTING SOUTH SNOHOMISH COUNTY

FACT SHEET 

BACKGROUND

The cities of Lynnwood, Edmonds and Mountlake Terrace have launched Bike2Health, an effort to improve access to health and wellness choices, make bicycling safer, and increase connectivity in and among their communities. Through funding from the Verdant Health Commission, Bike2Health will complete 11 critical missing links of the regional bicycle network.

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Collectively, the cities have completed 23 miles of a bicycle network over the past decade; however, much of this construction has been done separately by each city. This has resulted in a non-continuous, segmented bicycle network. This segmentation is one reason cited by residents for choosing to use other methods of travel.

Once completed, Bike2Health will create a regional bicycle network which establishes several key north/south and east/west corridor routes. This network will connect major destinations (colleges, civic centers, employment centers, the Interurban Trail, etc.) and transit locations such as the Edmonds Ferry, Lynnwood and Mountlake Terrace transit centers, and *Swift* bus rapid transit stations. In total, roughly ten miles of bicycle network will be connected or improved by installing shared lane markings, bicycle route signage and about six miles of new bicycle lanes (see project map on reverse).



Bike2Health will connect or improve roughly ten miles of bicycle network.



By providing wayfinding signage and end-of-trip facilities like bicycle parking, Bike2Health will help reduce some barriers that currently exist.

DID YOU KNOW?

A 2013 survey of South Snohomish residents showed that only 13 percent of respondents bicycled as their regular form of transportation. About 70 percent of survey respondents indicated they would like to bike more.



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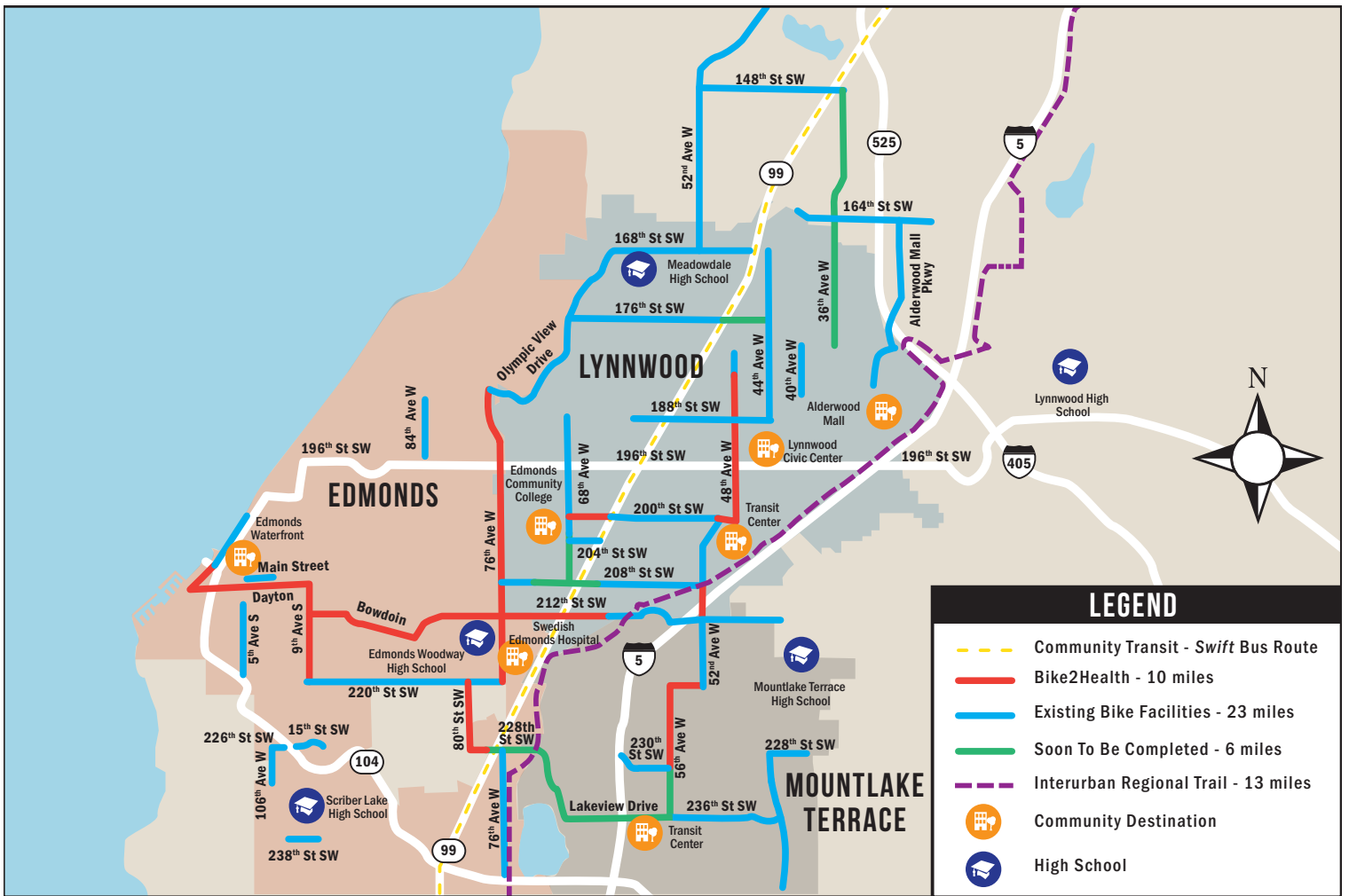
HEALTH COMMISSION
SERVING SOUTH SNOHOMISH COUNTY

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PROJECT GOALS

- » Increase ridership and improve safety for bicyclists
- » Reduce existing barriers to bicycling
- » Raise awareness about the benefits of bicycling
- » Provide bicycle safety education to the community

ENGAGING THE COMMUNITY

A major component of Bike2Health will be engaging the communities throughout the design phase, while also conducting public education and outreach about bicycle safety, benefits, maps and routes. Community members will be able to participate in a number of family-friendly activities such as organized bike rides, classes, and bicycle rodeos.

PROJECT SCHEDULE

Design of the project will begin in summer 2015 with construction slated to begin in 2016. The public will have opportunities to provide input during the design phase, as well as learn more about the improved bicycle network and bicycle safety throughout the program and into 2019.

Project partners hope that Bike2Health is just the beginning of many additional bike improvement projects. It is one piece of a larger effort to improve the region's bike mobility and provide opportunities for the community to stay physically active.



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