



Growing Roots Together- Lynnwood
Urban Farming Education
Sheet Mulching Handout

Three easy steps to turn your urban lawn into a productive edible garden!

1) Cover with cardboard

Cover lawn or weedy dirt patch with thick layer of overlapping cardboard (remove tape, no wax boxes).

2) Add arborist chips

Cover cardboard with a generous (6-12") layer of arborist wood chips. As everything starts to decompose it will settle.

- Free arborist chip delivery in Lynnwood: [NW Arbor Care](#), EcoTree NW or [Chipdrop.com](#)

3) Add compost!

Push back the woodchips where you want your garden beds to go and mound compost (12" or more) directly on top of cardboard.

- [Cedar Grove](#) (remember to compost your household organics!) Go in with a neighbor to share a yard or two
- Sky Nursery, Shoreline – bagged & bulk: can pick up ½ yard at a time

You're ready to grow your garden!

- Start with easy crops like lettuces, spinach, and herbs (many are perennial or reseed easily)
- Sign up for what to plant when email reminders from [Old Farmers Almanac](#)

If done in spring, by fall you are ready to plant fruiting shrubs and dwarf trees, columnar apple for tight spaces. Planting in the fall when rains start again/plants are cheaper then too!

Send me an email to be notified about upcoming urban farming classes and follow me on Facebook and Instagram!

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***Lawns are the largest irrigated
"crops" in the US – using over 70
billion gallons a day!***

- ***NYTimes 4/26/19***