


The City of Lynnwood values lifelong aquatic activity and offers swim instruction for all ages and abilities with a foundation of safety, fun and learning. Swim lessons will be offered at the times listed on the back of this sheet and sessions are one day per week. Each class will be 28 minutes long and will be offered in 10-12 class sessions. To ensure registration in the proper level for new students, a swim placement test is required before registration, except for beginning levels (marked with a "*").





Register online through CityofLynnwood.PerfectMind.com today for a free 15-minute swim placement test.

Winter 2026 Registration Dates:		
Lynnwood Residents:	Sunday, December 14th	Online at 7:00 pm
Open Enroll:	Monday, December 15th	Online at 7:00pm
Walk-in/Phone-in:	Tuesday, December 16th	7:00am

3 ways to register:

ONLINE:




cityoflynnwood.perfectmind.com

starting at 7pm


WALK IN:



Lynnwood Rec Center
18900 44th Ave W, 98036

starting at 7am

CALL:



425-670-5732

starting at 7am

Session Dates	Session Day	Number of classes	Safety School Fees <small>resident fee / non-resident fee</small>	Stroke Development, Teen, Adult Fees <small>resident fee / non-resident fee</small>	Pre - Competition 1&2 Fees <small>resident fee/non-resident fee</small>
January 12 - March 30	Mon	10	\$87.50/\$107.50	\$95/\$117.50	\$122.50/\$152.50
January 13 - March 31	Tues	12	\$105/\$129	\$114/\$141	N/A
January 14 - April 1	Wed	12	\$105/\$129	\$114/\$141	\$147/\$183
January 15 - April 2	Thurs	12	\$105/\$129	\$114/\$141	N/A
January 16 - April 3	Fri	12	\$105/\$129	\$114/\$141	N/A
January 17 - March 28	Sat	11	\$96.25/\$118.25	\$104.50/\$129.25	N/A
January 18 - March 29	Sun	11	\$96.25/\$118.25	\$104.50/\$129.25	Adaptives Fees Resident - \$198/ Non-Resident \$242
			* no classes Jan 19, Feb 16, Apr 4 - 12		

Current Students: Please register with the level code provided to you on your registration ticket at the end of your last session.

New Students: A swim placement test and level code will be required of all new students unless you are starting in the beginning levels denoted by an *.

Water Babies				Ages: 6 months - 23 months with an adult in the water		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am 6:00pm	9:30am 7:00pm	9:00am 6:00pm	10:00am 7:00pm	9:00am 4:30pm	9:30am 10:30am	10:00am
Tiny Tots				Ages: 2 - 3 years with an adult in the water		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am 10am 5:30pm	9:00am 6:30pm	9:30am 6:30pm	9:00am 6:30pm	9:30am 5:00pm	9:00am 10:00am	9:30am
Preschool Safety Levels				Ages: 4 - 6 years old		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool Safety 1* 9:30am 10am 4:00pm 4:30pm 5:00pm 6:00pm 6:30pm	Preschool Safety 1* 9:00am 9:30am 10am 4:00pm 5:00pm 5:30pm 6:00pm 6:30pm 7:00pm	Preschool Safety 1* 9:00am 9:30am 4pm 4:30pm 5:00pm 5:30pm 6:00pm 6:30pm	Preschool Safety 1* 9:00am 9:30am 10am 5:00pm 5:30pm 6:00pm 7:00pm	Preschool Safety 1* 9am 9:30am 10am 4:00pm 4:30pm 5:30pm 6:00pm	Preschool Safety 1* 9:00am 9:30am 10:00am 10:30am 11:00am	Preschool Safety 1* 9:30am 10am 10:30am 11:00am 11:30am
Preschool Safety 2 9:00am 4:00pm 4:30pm 5:00pm 5:30pm 6:30pm	Preschool Safety 2 10:00am 4:30pm 5pm 6pm	Preschool Safety 2 10:00am 4:00pm 4:30pm 5:00pm 6:00pm	Preschool Safety 2 9:30am 4:00pm 4:30pm 5pm 6:30pm	Preschool Safety 2 10:00am 4:00pm 5:00pm 5:30pm 6:00pm	Preschool Safety 2 9:00am 9:30am 10am 10:30am 11:00am	Preschool Safety 2 9:30am 10:00am 10:30am 11:30am
Preschool Safety 3 4:00pm 4:30pm 5:30pm 6:30pm	Preschool Safety 3 4:00pm 5:00pm 5:30pm 6:30pm	Preschool Safety 3 10:00am 4:00pm 5:00pm 5:30pm 6:30pm	Preschool Safety 3 4:00pm 5:00pm 5:30pm 6:00pm	Preschool Safety 3 4:00pm 4:30pm 5:30pm 6:00pm	Preschool Safety 3 9:30am 10:30am 11:00am	Preschool Safety 3 10:00am 10:30am 11:30am
Preschool Safety 4 4:30pm 5pm 6:30pm	Preschool Safety 4 5:00pm 5:30pm 6:30pm	Preschool Safety 4 5:00pm 5:30pm	Preschool Safety 4 5:30pm 6:00pm 6:30pm	Preschool Safety 4 4pm 5pm 5:30pm	Preschool Safety 4 9:30am 10am 11am	Preschool Safety 4 9:30am 10am 11am
Preschool Safety 5 5:00pm 5:30pm 6:00pm	Preschool Safety 5 5:30pm 6:00pm	Preschool Safety 5 5:30pm 6:00pm	Preschool Safety 5 5:30pm 6:00pm	Preschool Safety 5 4:30pm 5:00pm	Preschool Safety 5 9am 10am 10:30am	Preschool Safety 5 9:30am 10:00am
Youth Safety Levels				Ages: 7 - 12 years old		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth Safety 1 * 4:30pm 5:00pm 6:00pm 6:30pm	Youth Safety 1 * 4:30pm 5:00pm 6:00pm	Youth Safety 1 * 4:30pm 5:00pm 5:30pm 6:30pm	Youth Safety 1 * 4:30pm 5:00pm 6:30pm	Youth Safety 1 * 4:30pm 5:00pm 5:30pm	Youth Safety 1 * 10:00am 11:00am	Youth Safety 1 * 9:30am 10:00am 11:00am
Youth Safety 2 4:30pm 5:30pm 6:00pm	Youth Safety 2 4:00pm 5:00pm 5:30pm 6:00pm	Youth Safety 2 4:30pm 5:00pm 6:30pm	Youth Safety 2 4:00pm 5:00pm 6:00pm 6:30pm	Youth Safety 2 4:00pm 4:30pm 5:30pm	Youth Safety 2 9:00am 9:30am 10:00am 10:30am	Youth Safety 2 9:30am 10:00am 10:30am 11:30am
Youth Safety 3 4:00pm 5:00pm 6:00pm 6:30pm	Youth Safety 3 4:00pm 4:30pm 5:00pm 6:30pm	Youth Safety 3 4:00pm 4:30pm 5:00pm 6:30pm	Youth Safety 3 4:00pm 4:30pm 5:00pm 5:30pm	Youth Safety 3 4:00pm 4:30pm 5:00pm 6:00pm	Youth Safety 3 9:00am 9:30am 10:00am 11:00am	Youth Safety 3 9:30am 10:00am
Youth Safety 4 4:30pm 5:30pm 6:00pm 6:30pm	Youth Safety 4 4:30pm 5:30pm 6:00pm	Youth Safety 4 4:30pm 5:30pm 6:00pm 6:30pm	Youth Safety 4 4:30pm 5:30pm 6:00pm 6:30pm	Youth Safety 4 4:30pm 5:00pm 6:00pm	Youth Safety 4 9:00am 9:30am 10:30am 11:00am	Youth Safety 4 9:30am 10:00am 11:00am
Youth Safety 5 4:30pm 5:00pm 5:30pm	Youth Safety 5 5:00pm 5:30pm 6:00pm 6:30pm	Youth Safety 5 4:00pm 4:30pm 5:00pm 6:00pm 6:30pm	Youth Safety 5 5:00pm 5:30pm 6:00pm	Youth Safety 5 5:00pm 5:30pm 6:00pm	Youth Safety 5 9:00am 10:00am 10:30am 11:00am	Youth Safety 5 9:30am 11:30am
Stroke Development Levels				Ages: 4 - 12 years old		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stroke Development 6 4:00pm 5:00pm 5:30pm	Stroke Development 6 5:00pm 5:30pm 6:00pm	Stroke Development 6 4:30pm 5:30pm 6:00pm	Stroke Development 6 5:00pm 5:30pm 6:00pm 6:30pm	Stroke Development 6 5:30pm 6:00pm	Stroke Development 6 9am 9:30am 10am 10:30am 11:00am	Stroke Development 6 10:30am
Stroke Development 7 4:30pm 5:00pm	Stroke Development 7 5:00pm 6:00pm	Stroke Development 7 4:30pm 5:30pm	Stroke Development 7 5:00pm 6:00pm	Stroke Development 7 6:00pm	Stroke Development 7 9:30am 10am 10:30am	Stroke Development 7 11:00am
Stroke Development 8 6:00pm	Stroke Development 8 5:30pm 6:30pm	Stroke Development 8 5:00pm	Stroke Development 8 5:30pm 6:30pm	Stroke Development 8 5:30pm	Stroke Development 8 9:30am 10:00am	Stroke Development 8 10:30am
Stroke Development 9 5:30pm	Stroke Development 9 6:00pm 6:30pm	Stroke Development 9 6:00pm	Stroke Development 9 5:30pm 6:30pm	Stroke Development 9 5:30pm	Stroke Development 9 10:30am 11:00am	Stroke Development 9 10:30am
Teen Levels				Ages: 13-17 years old		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Teen Level 1 * 7:00pm	Teen Level 1 *	Teen Level 1 * 7:00pm	Teen Level 1 *	Teen Level 1 * 6:00pm	Teen Level 1 * 10:30am	Teen Level 1 *
Teen Level 2 6:00pm	Teen Level 2	Teen Level 2 5:30pm	Teen Level 2	Teen Level 2 6:00pm	Teen Level 2 9:30am	Teen Level 2
Teen Level 3	Teen Level 3 6:30pm	Teen Level 3	Teen Level 3 5:00pm	Teen Level 3 5:00pm	Teen Level 3 11:00am	Teen Level 3
Teen Level 4	Teen Level 4 5:30pm	Teen Level 4	Teen Level 4 6:00pm	Teen Level 4 5:00pm	Teen Level 4 11:00am	Teen Level 4
Adult Levels				Ages: 18 + years old		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Level 1 * 8:00am 6:30pm 7:00pm	Adult Level 1 * 6:30pm	Adult Level 1 * 8:30am 6:00pm 7:00pm	Adult Level 1 * 6:30pm	Adult Level 1 *	Adult Level 1 *	Adult Level 1 * 11:00am
Adult Level 2 8:30am 6:30pm	Adult Level 2 7:00pm	Adult Level 2 8:00am 6:30pm	Adult Level 2 7:00pm	Adult Level 2	Adult Level 2	Adult Level 2 11:00am
Adult Level 3	Adult Level 3 7:00pm	Adult Level 3	Adult Level 3 7:00pm	Adult Level 3	Adult Level 3	Adult Level 3 11:30am
Adult Level 4	Adult Level 4 7:00pm	Adult Level 4	Adult Level 4 7:00pm	Adult Level 4	Adult Level 4	Adult Level 4 11:30am
Pre-Competition Skills 45 minute class				Ages: 7-11 years old, and 12-18 years old		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Competition Skills 1 5:00pm	Competition Skills 1	Competition Skills 1 5:45pm	Competition Skills 1	Competition Skills 1	Competition Skills 1	Competition Skills 1
Competition Skills 2 5:45pm	Competition Skills 2	Competition Skills 2 5:00pm	Competition Skills 2	Competition Skills 2	Competition Skills 2	Competition Skills 2
Adaptive Lessons				Ages: 4 and up		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adaptive Lessons*	Adaptive Lessons*	Adaptive Lessons*	Adaptive Lessons*	Adaptive Lessons*	Adaptive Lessons*	Adaptive Lessons* 8:30am 9:00am